



Watch, share, *understand*

Raise awareness of PH by directing people around you to these short PHA UK videos...

Simply scan the codes with your mobile phone!



Two minutes to understand PH

This simple animation shows exactly what PH is and how it is treated.



The hidden impact of PH

A short animation to highlight that not all of pulmonary hypertension's challenges can be seen on the surface.



What is PH?

A more scientific explanation of the condition, with full details of what's going on inside the body.



The true emotional impact of PH

Seven people living with PH share the impact of the condition on their mental and emotional wellbeing.



The true financial impact of PH

Four families explain how their finances have been affected following a diagnosis of pulmonary hypertension.



Why are we still waiting?

The devastating impact of delayed diagnosis of PH.



"One Word"

In this emotive short film, people affected by pulmonary hypertension describe the condition in just one word.



Breathless: Every second, every hour, every day

In this feature-length film, PHA UK member Julie offers an honest insight into what it means to live with breathlessness.



Get to know the PHA UK

A short video about the UK's only charity for people affected by pulmonary hypertension.



You'll find many more videos on our YouTube channel [@pha_uk](https://www.youtube.com/@pha_uk)

