



# Treatments for PH

PH responds to a range of highly advanced treatments which can **relax the arteries** to help increase blood flow and reduce pressure, improve symptoms, slow disease progression and reverse damage to the heart and lungs.

However,  
there is **no cure.**

Treatments include **oral medication** (tablets) **inhaled medication** (via a nebuliser) and **intravenous medication** – where drugs are delivered into the body 24/7 through a line into the chest.

**Some people with pulmonary arterial hypertension require lung and /or heart transplants.**

The type of PH caused by a build-up of blood clots, called chronic thromboembolic pulmonary hypertension (CTEPH), may be treated by undergoing major surgery to remove the clots. This surgery, called pulmonary endarterectomy (or PEA), involves completely draining the body of blood whilst the clots are removed.



**There are eight specialist PH treatment centres in the UK, in London, Cambridge, Sheffield, Newcastle, and Glasgow. There is also one in the Republic of Ireland.**

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**“I cannot fault the support I’ve had for my CTEPH”**  
**David**  
 Diagnosed with chronic thromboembolic pulmonary hypertension (CTEPH) in 2020

