



**My address**

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**Date**

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**Dear Practice Manager,**

**I am a patient registered with your practice and I am contacting you about a rare disease called pulmonary hypertension (PH).**

PH Day UK, an awareness initiative organised by the Pulmonary Hypertension Association (PHA UK) is taking place on **Friday 1st November**.

I am writing to **ask if you will support this initiative** by displaying the enclosed poster in your waiting room and circulating the enclosed information sheets and leaflets around your practice team.

PH is very serious, often misunderstood, and often misdiagnosed. Research by the PHA UK found that **51% of patients wait over a year after first experiencing symptoms before being diagnosed, and 32% have to see four or more doctors.\***

It is vitally important that more primary care practitioners are aware of this devastating condition so that treatment can be started early and quality and longevity of life for patients is improved.

If you would like further copies of anything in this pack, or digital versions that can be circulated via email, please contact the PHA UK on **0300 3735367** or at **hello@phauk.org**.

**Thank you for taking the time to read this and I do hope you are able to support this awareness initiative in this small but important way.**

**Yours faithfully,**

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\*'What it means to live with PH today' survey, conducted by the PHA UK in 2023.

