

# Could it be pulmonary hypertension?



**Pulmonary hypertension (PH) is often misdiagnosed due to its non-specific symptoms of breathlessness and fatigue.**

PH is a rare and life limiting condition that causes high blood pressure in the pulmonary arteries and can eventually lead to heart failure. In most people, it is associated with another condition such as congenital heart disease or connective tissue disease - but for some, it is idiopathic.

**Many people with PH are wrongly told they have asthma or anxiety.**

## Diagnosis and treatment

Pulmonary hypertension is diagnosed via various investigations including echocardiograms, MRIs, and lung function testing. It is usually confirmed via a right heart catheterisation. There are nine specialist pulmonary hypertension treatment centres across the UK – in London, Sheffield, Newcastle, Cambridge and Glasgow. Some patients who fail to respond to treatment require transplantation.

**Earlier diagnosis gives patients improved survival rates and a better quality of life.**

## WHY TIMELY DIAGNOSIS MATTERS:

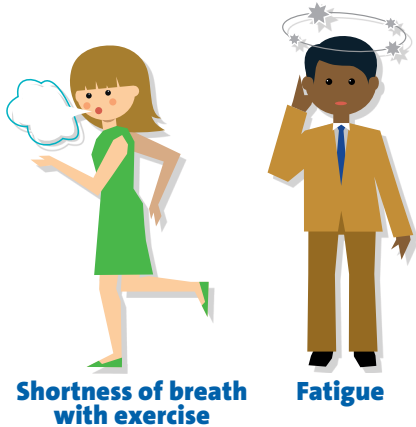
**Scan the code to watch patients explain the devastating impact of their delayed diagnosis of PH**



SCAN ME

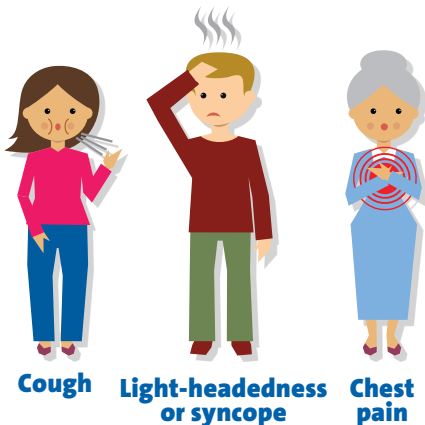


**Common symptoms of PH include:**



**Shortness of breath with exercise**

**Fatigue**



**Cough**

**Light-headedness or syncope**

**Chest pain**